

Safety
 "I have had the pleasure of working with several of the officers who part of this exercise and I hope that it was beneficial and a learning experience for all involved."
 Chief Sizemore also stated that he hoped to do this again in the spring and take more representatives from Jackson County.
 He added, "Any time we have the opportunity to possibly learn something new when it comes to securing our schools we should do whatever we can, learn from those who have been in these situations, the bottom line is each and every student in Jackson County should have the basic right to learn in a safe environment, and participating in events such as these only make us better at our jobs."

CEO
 Health System for fourteen years, served as vice president and chief operating officer for Manchester Memorial Hospital with responsibility for the medical staff, hospitalist program, clinics, radiology, lab, dietary, foundation, physician enterprise, strategic growth and more.
 His experience with Adventist Health System also includes serving as administrative director of behavioral health at Park Ridge Health, administrative director of business development at Park Ridge Health and director of strategy and business development for Florida Hospital Kissimmee.
 "Manchester is an amazing place, and I am so blessed to have the opportunity to continue working with our dedicated team to advance our mission of Extending the Healing Ministry of Christ to those we care for in our hospital and the community," said Self.

Self earned a master's degree in business administration from Webster University, and a bachelor's degree in marketing from Southern Adventist University. He is a participant in the Adventist Health System Executive Leadership Program and board member of the Kentucky chapter of the American College of

Healthcare Executives. Self and his wife Sarah have a three-year-old daughter and five-month-old son.
 For more information on Manchester Memorial's services and providers, or any of the hospital's outreach initiatives, log onto www.manchestermemorial.org.

Walk
 was hit, he told him that when he saw it was an older female driving that he didn't want to worry her and told her to go on. He then continued to the store and returned home.
 Sheriff Hays sent Sergeant Daniel Isaacs to check the incident out and while he was speaking to the driver of the vehicle she stated that she did not notice the boy walking on the roadway and that he was wearing dark clothing. The passenger in the vehicle said she noticed him walking but by the time she saw him it was too late to give any warning.
 Isaacs said when the pedestrian returned home after going to the store, he was having left lower leg pain, right arm pain and left side pain. He was transported to a local hospital by Jackson County EMS for the injuries he sustained as a result of the collision.
 Sheriff Hays said this is why we want to warn our citizens. If you do have to walk and it is unavoidable to be on the highway after nightfall, please heed this warning and wear some article of clothing that will reflect in the headlights of oncoming traffic. By doing this, you can avoid a potential pedestrian vehicle collision

Sheriff
 our county down.
 From time to time we try to remind the public of various things you can do to help law enforcement. Here are ten options to keep yourself safe and secure and protect your property.
 1. Put large reflective address numbers on your mailboxes or on an entrance location. This always speeds up our response times when we receive a call for service.
 2. Lock your vehicles, lock the doors at your home and lock

your outbuildings. Thieves look for easy access and opportunity.
 3. Install cameras and use alarm systems on your business or home. The alarms prevent thefts and burglaries and the cameras prove who the thieves are.
 4. If an emergency vehicle turns on their lights to signal you to stop, find a location on your right and pull over as soon as possible. Keep your hands on the wheel where they can be seen until the officer speaks to you.
 5. Always wear your safety belt when in a vehicle. Always keep your child in an appropriate child seat and never allow children who have no license to operate an ATV or other vehicle on the roadway. Watch out for motorcycles, ATV and off road vehicles on the roadway.
 6. If an officer places you under arrest, even if you do not believe you are guilty, you must submit to the arrest. Never resist arrest or attempt to run because it will always make matters much worse. The courts ultimately determine guilt or innocence.
 7. If you take even one alcoholic drink, find a sober driver. Never take illegal drugs or alcohol and attempt to operate a motor vehicle. Anything that impairs your judgement can result in a serious accident in which you could be at fault. It is not worth the risk.
 8. Jackson County Sheriff's Office has an administrative number which is 606-287-7121. It is answered during normal business hours from 8:00 AM to 4:00 PM. That number is used for questions or issues surrounding taxes, billing for SO issues, etc. We handle routine questions or administrative matters for the Sheriff during those hours. Any time you have need for law enforcement officers to respond to an emergency, you should dial 911 or 606-287-9979. This will access Jackson County Dispatch, who will get you the nearest available officer to handle your law enforcement emergency.
 9. Pay attention to unusual people

or vehicles around your home or business. If you see something that is out of the ordinary, call local law enforcement and we will do our best to check it out.
 10. Always obey school bus stop signs. If the stop sign is out, do not attempt to pass until the driver turns off emergency lights and continues on.
 These are simple issues that are good reminders for anyone who lives in our county.
 Tax season is upon us again. Soon property taxes will be mailed out to every property owner in the county. Even if you do not receive a tax bill you are responsible for taxes on every property. We encourage everyone to pay early to take advantage of the tax discount.
 Last week the Jackson County Sheriff's Office responded to eighty-two calls for service. We investigated four traffic accidents, opened five criminal investigations, and arrested ten individuals on various criminal charges. Our court security served many civil and criminal documents and protected the administrative offices of the court in our county. We really work hard to make our county a great place to live.

Ball
 We appreciate your continued support and prayers. Thank you. have been made to the lineup and rotation in efforts to put a more reliable, aggressive and competitive team on the floor. The coaches have seen much improvement over practice and the 3 games following the changes. The team appear to be enjoying themselves and are building confidence in teammates at new positions. The volleyball team is a very young team with only 2 seniors and 1 junior. Varsity play is very hard physically and mentally on young players, the beginning of the season was used to see which players fit the varsity game plan the best.
 The Lady General have been working on several areas of their game, serving being one of those areas. Serving is paramount to being successful at volleyball. By changing the lead server to the more consistent server instead of the hardest server, this change allows the opportunity to get out with a quick lead and get the opponent back on their toes. Changing attacks positions is another change that was made and during the last 3 games has been working out very

well overall. The girls are chasing and diving for balls, pushing themselves to be the best they can be. When the team is working together they are fun to watch and can make some great plays. They continually work on passing from serve receive and defense because the best offensive is a great defense.
 The freshman and Jr. varsity teams have played well all season. With only losses to North and South Laurel. They have gotten a lot of game experience and will be ready to step up into empty varsity spots next year.
 The toughest section of the schedule will be over the next 12 days. The next game is at South Laurel Thursday night at 5:30, then playing in a tournament at South Laurel on Sept 22nd and a 2-day tournament at Whitley Co the next weekend. The final home game will be Oct 1st against Lee Co. The District Tournament will be held at Oneida Baptist Institute with dates and opponents released once all district regular games have been played. Please make plans to come out and support our locals' teams at Jackson Co High School.


2018 Holiday Cooking School!

The 2018 Holiday Cooking School will be held on Thursday, November 8, starting at 5:00 p.m. at the London/Laurel County Optimist Club (383 Sinking Creek Road, London, KY 40741). Booths close and presentations begin by 6:30 p.m. Cost is \$20 per ticket which includes the "Paula Deen Celebrates!" cookbook.
 There are a limited number of tickets so stop by and get yours today! Tickets can be purchased at the Jackson County Extension Service.
 For more information please call (606) 287-7693.

4-H Expressive Art Painting Program

Youth 12-18 years of age come and join us to learn how to paint during the 4-H Expressive Art Painting Program. Youth will meet on Thursdays from 3:30-5:00 at the Jackson County Extension Service for the month of October. The dates are October 4; 11; 18 and 25.
 Wilma Nunn, 4-H Expressive Arts Instructor, will teach youth how to paint a beautiful oil painting on canvas.
 Please call the Jackson County Extension Service, 287-7693, to pre-register no later than Thursday, September 28, 2018 so that the appropriate amount of materials may be purchased.
 Please contact Verlene Congleton-Hacker, Jackson County 4-H Agent at 287-7693 for any questions.

Donate blood, Y'ALL!
 Kentuckians encouraged to give blood



Kentucky Blood Center (KBC) is encouraging Kentuckians to roll up their sleeves, donate blood and help Kentucky patients.
 As a thank you, those who register to give blood at the drive below will receive this fun "Donate blood, y'all" T-shirt.

Jackson County Community
 Fri., Oct. 12 from 10 am - 3 pm
 at the Courthouse Square on the KBC Bloodmobile
 at 100 Main Street in McKee.

Blood donors must be 17-years-old (16 with parental consent), weigh at least 110 pounds, be in general good health, show a photo I.D. and meet additional requirements. Sixteen-year-old donors must have a signed parental permission slip, which can be found at kybloodcenter.org.
 To schedule a donation, visit kybloodcenter.org or call 800.775.2522.

About Kentucky Blood Center
 Celebrating 50 years of saving lives in Kentucky, KBC is the largest independent, full-service, non-profit blood center in Kentucky. Licensed by the FDA, KBC's sole purpose is to collect, process and distribute blood for patients in Kentucky hospitals.

Donna's Cut & Curl
 Call Us at (606) 364-2426
We Specialize in Designer Colors and Perms!
 Schedule an appointment for your color, cuts, perms and more.